

Post Renal Biopsy Instructions

You had a Kidney biopsy done during which a tiny piece of kidney tissue was taken out from one of the kidneys using a special needle passed through your skin. This tissue containing filters will be examined under a microscope for signs of damage or disease. This will help in forming a diagnosis and in choosing the best course of treatment.

Home Care Instructions after your day-care Kidney Biopsy

1. Do not drive until the day after your biopsy.
2. Rest in bed until the next morning. Get up only to use the bathroom. Keep steps to a minimum.
3. Do not shower or take a tub bath the day of the biopsy.
4. Remove biopsy site bandage 24 hours after your biopsy.
5. As you shower or bathe, wash the site gently and pat it dry. Do not scrub the site.
6. Avoid strenuous activities (heavy lifting, jogging, contact sports, horseback riding etc.) for at least two weeks.

Report to emergency department if you note:

- Blood in urine.
- Bleeding from the biopsy site
- Redness, pus (thick yellow drainage), swelling at or around the biopsy site.
- Abdominal pain or tenderness.
- Fever.
- Inability to urinate.
- Faintness or dizziness.



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