

Surgical Intensive Care Unit: A Guide for Patients & Families



Patient and Family Education

@ patienteducation@hmc.org.qa

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The SICU is a specialized area where patients receive close monitoring and care following surgery or for severe medical conditions. Our dedicated team is here to offer the highest level of care and support during your stay.

Our Mission

Our mission is to deliver compassionate, expert care in a safe and healing environment. We aim to provide comprehensive treatment while keeping patients and their families informed and involved in the care process.

What to expect

- **24/7 Monitoring:** Patients are closely monitored around the clock by a team of doctors, nurses, and other healthcare professionals. Vital signs, such as heart rate, blood pressure, and oxygen levels, are continuously assessed.
- **Advanced Care:** The SICU is equipped with state-of-the-art equipment to assist with breathing and other critical functions. You may see ventilators, intravenous lines, and various monitors attached to the patient.



Meet Your Care Team



- **SICU Doctors:** Specialists in critical care medicine.
- **Surgeons:** The surgical team responsible for the patient's operation and postoperative care.
- **Nurses:** Specialized in intensive care, they provide continuous monitoring and care.
- **Respiratory therapists:** Experts in managing patients who need respiratory support.
- **Dietitians:** Experts in nutrition who assess and plan dietary needs, ensuring patients receive the appropriate nutrients for recovery.
- **Pharmacists:** Help manage medications and optimize treatment plans.
- **Physical therapists:** Assist with mobility and rehabilitation as appropriate.
- **Other Specialists:** Social workers, speech therapists and others are available through referral based on the patient's specific needs.

Visiting Hours

We understand the importance of family support during recovery. Visiting hours and policies are in place to ensure a balance between patient care and family presence. For details, please refer to the "Visiting Hours" poster at the entrance to SICU.

Talking to Your Care Team

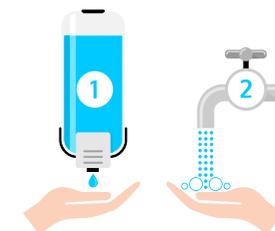
We welcome any questions you may have. Daily updates with the doctor can be arranged, and family meetings can be scheduled for more detailed discussions.

What care might you receive?

In the SICU, care focuses on keeping patients comfortable and well-rested. Daily hygiene, such as bathing, oral care, and changing bed sheets, is provided to maintain cleanliness and prevent infection.

Infection Prevention

Visitors play an important role in reducing the spread of infection by washing their hands or using hand sanitizer before and after visiting the patient's room. They should also follow the care team's instructions, such as wearing a mask, which contributes to creating a safe environment.



To ensure the safety and comfort of patients in the intensive care unit, please adhere to the following instructions:

- Only essential items are allowed in the SICU. Please check with the staff before bringing any personal items.
- For the safety and privacy of our patients, the use of mobile phones is not allowed within the SICU.

Adhering to these guidelines contributes to providing a safe and comfortable environment for everyone.

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Getting Better and Going Home

The patient remains in the surgical intensive care unit until his or her condition improves enough to allow him or her to move to a regular hospital room. The length of patient stay depends on how well they are recovering. The doctors will update the family regularly about the patient's condition.

Frequently Asked Questions

Can I stay in the ICU?

Generally, visitors are not allowed to stay in the ICU. You can visit during designated visiting hours. Please check with the nurses to determine the best times for visits. Only two visitors are allowed at a time.

What can I bring for the patient?

Essential personal items such as glasses, hearing aids, and dentures are allowed. Please avoid bringing flowers or food.

How can I get information about the patient's condition?

Please contact the nurse for updates. For more detailed information, you can speak with the attending physician during the designated hours.