



ACCESS TO HEALTHY DIET AND PHYSICAL ACTIVITY



مؤسسة حمد الطبية
Hamad Medical Corporation
HEALTH - EDUCATION - RESEARCH
صحة - تعليم - بحوث

مؤسسة الرعاية الصحية الأولية
PRIMARY HEALTH CARE CORPORATION



OVER
50%

of type 2 diabetes
can be prevented

People living with or at risk of diabetes need access to healthy food and a place to exercise. Both are fundamental components of diabetes care and prevention.

IF NOT NOW, WHEN?

For more information, please contact us at:

Diabetes Hotline 16099

Or through the email dehgh1@hamad.qa

Or WhatsApp Number 33495775



world diabetes day
14 November