



Your comments and suggestions are welcomed and valued; they allow us to improve our services.

(You can write your comments, complaints or suggestions in any of the suggestion box in the ward)

Patient and Family Education Upon Admission to QRI



Patient and Family Education



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Patient and Family Education Upon Admission to QRI

Welcome to the Qatar Rehabilitation Institute (QRI).

This pamphlet provides useful information that you may wish to refer to during your time with us and following discharge from the QRI.

To help us to ensure that you get the maximum benefit from your inpatient Rehabilitation program, we encourage you to follow the following:

1. During your stay, you will be care for by a team of healthcare providers. You are the most important member of the team
2. Assign a primary decision maker (if you cannot decide), who can take decisions on behalf of you when needed, and attend case conference/ family meetings regularly
3. Be open and honest about your health history including level of pain, past illness, hospitalization, medications (Including over-the counter medications) and other matters relating to your health.
4. Your days will be scheduled with therapy and activities during your stay in QRI.
5. Participate in all aspects of your care and treatment as mentioned below but not limited to:
 - Follow the routine daily nursing care
 - Attend case conference and family meetings
 - Make informed decisions about your care to the best of your ability.
 - Make sure to be ready on time for unit rounds, scheduled therapy and activities
 - Participate in all activities like social, group, leisure etc.
6. Follow your treatment plan
 - If you do not follow, you are responsible for your shortcomings
 - Refusal of treatment prevents us from providing care according to ethical and professional standards, we may discharge you after giving you reasonable notice
 - Accept the length of stay in hospital as decided by your treatment team and assist in discharge planning
7. Never attempt anything on your own that you have not practiced successfully before.
8. Follow the QRI visiting hour's policy.
9. If needed, upon approval from the consultant/ administration ,one family member is allowed to stay overnight only if you are in single room
10. Be considerate of other patients, visitors and hospital staff at all times. Everyone deserves to be treated equally with courtesy, dignity and respect.
11. The use of cameras or recording devices (including those on mobile phones) are not permitted
12. You need to inform the nursing staff in case you want to leave the ward
13. QRI aims to promote your health and wellbeing by encouraging a healthy lifestyle.
 - Providing healthy diet as recommended by the clinical dietician
 - Providing activities to reduces stress and promote better outcome

14. Smoking is not allowed inside QRI as a part of HMC policy.
15. A 'Smoking Cessation Clinic' is available in HMC– please ask a member of your team for information.
16. QRI has a responsibility to report any illegal incidence to Police.
17. If you do not understand any information given to you. Our staff are happy to answer any questions and get help in your preferred language if available

