

# مركز قطر لإعادة التأهيل Qatar Rehabilitation Institute

عضو في مؤسسة حمد الطبية  
A Member of Hamad Medical Corporation 

## Full Scope of Services

The Qatar Rehabilitation Institute (QRI) stands as the region's premier tertiary rehabilitation hospital, distinguished by its commitment to offering world-class integrated rehabilitation services rooted in person-centered care. QRI's dedication extends to providing a comprehensive range of rehabilitation services to the community.

## Our Collaborative Approach:

At QRI, our highly expertise Multidisciplinary teams (MDT) synergistically collaborate to provide the best possible Interdisciplinary team (IDT) care, ensuring the development of the finest personalized, person-centered rehabilitation programs. This collaborative effort encompasses a wide range of services, catering to various patient groups and age ranges, including but not limited to:

- Medical evaluations by PM&R physicians.
- Nursing assessments and interventions.
- Physiotherapy, occupational therapy, and speech therapy.
- Prosthetic and orthotic services.
- Clinical psychology and special education services.
- Nutritional assessments and interventions.
- Social support and respiratory therapy.
- Specialized services like dysphagia management, spasticity management, pain management, and more.
- Various therapies such as aquatic therapy, and functional electrical stimulation.
- A diverse range of therapies such as aquatic therapy, virtual rehabilitation, robotic labs, cutting-edge cognitive therapy, circuit training, real-life simulation labs, sensory integration therapy, functional integration programs
- Community rehabilitation and outreach Programs.

# Our Comprehensive Scope of Services

## 1. Inpatient Rehabilitation

- **Specialized Care:** QRI offers 24/7 rehabilitation services, ensuring continuous care for adult and pediatric patients, regardless of gender, culture, or nationality.
- **Comprehensive Expertise:** Our services encompass a wide range of conditions, including Stroke Rehabilitation, Traumatic Brain Injury Rehabilitation, Spinal Cord Injury Rehabilitation, Amputee Rehabilitation, Slow Stream Rehabilitation, Pediatric Rehabilitation, and treatment for various neurological and musculoskeletal conditions requiring rehabilitation.
- **Tailored Units:** QRI's specialized program-based interdisciplinary inpatient units are meticulously tailored for the specific needs of adult males, adult females, and pediatric patients.
- **Comprehensive Assessments:** Admission criteria are based on comprehensive assessments by our dedicated rehabilitation team, ensuring that each patient receives personalized care.
- **Optimal Duration:** The typical length of stay at QRI ranges from 6 to 8 weeks, during which regular plan reviews are conducted by the multidisciplinary team to track progress and adjust treatment plans as needed.

## 2. Day Care Rehabilitation

- Day rehabilitation services available from Sunday to Thursday from 7am – 3 pm, serving both children and adults.
- Designed to meet the needs of patients who no longer require round-the-clock medical observation but still benefit from intensive therapy to enhance functional independence.

### **Services encompass but not limited to**

- Neurological & Musculoskeletal Rehabilitation,
- Cognitive Rehabilitation Program,
- Management of Swallowing & Communication Impairments,
- Functional Retraining,
- Return to Work Program,
- Recommendation and training of positioning devices, prosthesis, orthosis, and assistive devices for Activities of Daily Living

### 3. Outpatient Rehabilitation

Qatar Rehabilitation Institute's Outpatient Department offers a range of specialized rehabilitation services for individuals who do not require inpatient care

**Our services include:**

- **Physical Medicine and Rehabilitation (PM&R) Clinics:** Staffed by experienced rehabilitation physicians who create personalized treatment plans.
- **Interdisciplinary Team (IDT) Clinics:** Provide comprehensive assessments and treatment plans for complex cases.
- **Physiotherapy:** Focuses on improving physical function, mobility, and strength through personalized exercise programs.
- **Occupational Therapy:** Helps individuals regain independence in daily activities.
- **Speech Therapy:** Addresses speech, language, and swallowing disorders.
- **Orthotic & Prosthetic Services:** Provides customized devices to support mobility.
- **Dietetics:** Offers nutrition plans tailored to individual needs.

### 4. Community Based Rehabilitation

- Community rehabilitation Services Sunday to Thursday 7am to 3pm.
- Accessibility Assessment for home/workplace/school.
- Equipment Provision.
- Inclusion for Patient/family/Caregiver education, training, and counseling.

### 5. Specialized Services:

QRI offers a comprehensive range of specialized services to cater to the diverse needs of our patients, including:

- **Gait Lab Plus:** Utilizing advanced technology to assess and enhance mobility.
- **Aquatic Therapy:** Involving water-based exercises to improve strength and flexibility.
- **Assistive Technology:** Providing customized devices to promote independence.
- **Seating and Mobility:** Tailoring solutions for personalized seating and mobility needs.
- **Robotic Labs:** Utilizing cutting-edge robotic-assisted rehabilitation techniques.
- **Cognitive Therapy:** Focusing on enhancing cognitive functions.
- **Circuit Training:** Implementing structured exercise programs for improved strength and endurance.
- **Easy Street & Real-Life Simulation Labs:** Offering real-life environment simulations for practical rehabilitation.
- **Sensory Integration Therapy:** Addressing sensory sensitivities and enhancing

sensory experiences.

- **Functional Outing Programs:** Facilitating social integration through adaptive programs.

These specialized services at QRI are designed to provide individualized support and empower our patients to reach their fullest potential in their rehabilitation journey.

## 6. Community Engagement:

- Proactive community engagement initiatives aimed at raising awareness about rehabilitation and preventing disabilities.
- Educational programs conducted to enlighten the community about healthcare needs and available resources.

## 7. Additional Services:

Comprehensive care for patients extended through pharmacy and laboratory services, ensuring a holistic approach to healthcare.

## Why Choose Qatar Rehabilitation Institute?

- At QRI, our primary goal is to help individuals of diverse backgrounds and needs achieve their optimal potential and return to a normal life through evidence-based, personalized rehabilitation programs. We are committed to enhancing the well-being and independence of our patients and fostering community awareness about the importance of rehabilitation.
- Patients from around the world choose QRI for acute rehabilitation. We specialize in treating conditions such as Traumatic Brain Injury, Stroke Recovery, Spinal Cord Injury, and Pediatric Rehabilitation. QRI stands out because:
  - **Exceptional Global Appeal:** Patients from across the globe trust QRI for their acute rehabilitation needs.
  - **Specialized Expertise:** Our focus lies in the treatment of conditions like Traumatic Brain Injury, Stroke Recovery, Spinal Cord Injury, and Pediatric Rehabilitation.
  - **Leaders in Care:** QRI is a pioneer in rehabilitation with:
  - **Unmatched Expertise:** Treating a larger volume of patients for these conditions than any other rehabilitation hospital.
  - **Remarkable Patient Outcomes:** Our patients consistently report superior functional improvements, surpassing national averages.
  - **Advanced Certified Professionals:** Our medical team holds advanced certifications in specialized care and rehabilitation.
- Choose QRI for a world-renowned rehabilitation experience, where your journey to recovery is guided by the best in the field.