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Our mission is to deliver the safest, most effective and most compassionate care to each and every one of our patients.

”

This publication has been crafted for you. If you have any important news that you would like to share with our nursing community, or inquiries regarding the publication, please contact the Corporate Nursing and Midwifery office

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Welcome Note

Message from the office of the Chief Nursing Officer



Mariam Nooh Al-Mutawa
Chief Nursing Officer

It has been a busy and productive start to 2025, and I want to take this opportunity to express my heartfelt gratitude to each and every one of you. Your tireless efforts, unwavering commitment and compassion have not gone unnoticed.

It is with great pleasure that I introduce the second volume of IBDAA' إبداع Nursing & Midwifery Bulletin. This publication serves as a platform to celebrate our achievements, share development opportunities, and keep you informed of news and updates that matter to our Nursing and Midwifery community.

I want to acknowledge and thank you all for the extraordinary care you provide to our patients and the support you extend to your colleagues. You exemplify the unity and strength of the Nursing and Midwifery profession, embodying a shared goal of delivering the safest, most effective and compassionate care.

A special thank you to those who contributed to this edition, offering ideas and information to make this bulletin a meaningful and inspiring resource for us all.

Here's to a successful year ahead, and I look forward to continuing this journey of excellence together.

IBDAA: Shaping the Future of Nursing and Midwifery 2025-2030 – Strategy Workshop



Under the exemplary leadership of Ms. Mariam Al Mutawa, Chief Nursing and Midwifery Officer, Hamad Medical Corporation recently hosted the **IBDAA Nursing & Midwifery Strategy Day**. This pivotal gathering—named after the Arabic word for “creativity” and “innovation”—marks the early stages of developing a comprehensive vision for nursing and midwifery services for 2025-2030, strategically aligned with established HMC strategic action plan and Qatar National Health Strategy 2024-2030.

The event brought together diverse perspectives from across the healthcare spectrum, including executive nursing leaders, head nurses, educators, staff nurses and advanced practice providers from various HMC specialties. Representatives from the Ministry of Public Health, Military Medical Services and Sidra Health joined the collaborative effort. Academic partners from Qatar University and Doha University for Science & Technology contributed valuable insights, ensuring alignment between clinical practice and education.

The session commenced with a warm welcome and introduction by Ms. Mariam Al Mutawa, after which Dr. Binoy Kuriakose delivered valuable insights into the National Health Strategy 3 (NHS 3) and its crucial relevance to the Nursing and Midwifery Strategy. This was followed by a presentation from Dr. Ali Latif on the HMC Strategy Action Plan. Ms. Alanoud Al Marri then provided an update on the status of the Nursing & Midwifery Workforce, and Mr. Thabit Melhem provided an update on the Corporate Nursing & Midwifery Key Performance Indicators (KPIs) for 2025.

In the spirit of IBDAA, this strategic initiative embraces innovation while deliberately aligning with Qatar’s national health strategy and HMC’s institutional mission and strategic action plan. This approach elevates nursing and midwifery within established frameworks, recognizing their central role in healthcare delivery. Ms. Mariam Al Mutawa’s leadership exemplifies the IBDAA principle—creating space for collaborative innovation. The success of the day reflects the dedicated work of the nursing executive team, front-line

nursing and midwifery teams, with supportive guidance from Dr. Ali Latif and HMC’s strategy office facilitators, who helped organize the collective insights.

The IBDAA Nursing & Midwifery Strategy Day was engaging with active participation and contributions from participants, with outstanding positive feedback from the participants, frequently describing it as “amazing” and “very comprehensive,” indicating a thorough and impactful session where “every aspect was covered.”

As this strategic plan evolves, it stands as a testament to disciplined creativity, demonstrating how strategic innovation and established excellence can synergistically propel healthcare advancement to remarkable levels over the next five years.

We extend our sincere gratitude to the Nursing and Midwifery staff, Leadership, esteemed guests, and all contributors who participated in and contributed to the success of the IBDAA Nursing & Midwifery Strategy Day.



HMC Nurses & Midwives recognize GCC Nurses Day

GCC Nurses day is observed annually on March 13, this day serves as a tribute to the vital contributions of nurses across the Gulf region in ensuring the safety and well-being of communities. HMC nursing & midwifery joined the region in celebrating Gulf Nursing Day, recognising the dedication and expertise of nurses in delivering high-quality specialist care. This article focuses on Nursing & Midwifery leaders experiences and contributions within Hamad Medical Corporation. It examines the reasons behind their choice to work at HMC and emphasizes the distinct cultural advantages they offer in patient care. The piece also sheds light on avenues for professional growth and the collaborative atmosphere within the corporation, ultimately underscoring the essential contributions of GCC nurses to Hamad Medical Corporation and the wider community it serves.

General Experience at HMC:

1. Why did you choose to work at Hamad Medical Corporation?

"As someone who was starting back in 1996, I was in my 20's, young and very eager to start working, it was my goal to join Hamad Medical Corporation because of its reputation, high quality of care and services, impact of its service to the community and country, the vast opportunity to develop my skills and knowledge, and lastly, the vast and great opportunity to attend continuous educational activities within and outside of HMC. These things and access are imperative to a professional's development.

Somaya Al-Haidose, AEDON, PFE Corporate Nursing & Midwifery

2. How does it feel to work at HMC?

"GCC staff members working at Hamad Medical Corporation offered a secure and rewarding career with competitive benefits and clear pathways for advancement."

Alanoud Almarri, Executive Director of Nursing and Midwifery, Workforce, Corporate Nursing and Midwifery

Contributions and Perspectives of GCC Staff:

3. Describe GCC staff in relation to your experience.

"In my experience, GCC healthcare staff particularly in tertiary centers demonstrate a strong commitment to excellence, guided by regional accreditation standards such as those from CBAHI from Saudi Arabia and JCI in GCC. Staff typically exhibit multicultural collaboration, high adaptability, and are well-versed in evidence-based practices. I have observed a consistent emphasis on patient-centered care, strategic leadership, and dedication to continuous improvement."

Muna Yaqout Al-Abdulla, Assistant Executive Director of Nursing, WWRC

4. What are some of the most significant contributions you've witnessed from GCC nurses within your department/team?

"Over the years, GCC nurses have made exceptional contributions that strengthened our department's clinical capabilities and improved patient outcomes. Their adaptability, clinical expertise, and commitment to person-centered care have been vital in advancing our strategic goals. They consistently demonstrate a strong work ethic, cultural sensitivity, and teamwork, often leading quality improvement, infection control, and

patient safety initiatives. During high-stress periods like the pandemic, their resilience and professionalism were especially impactful, reflecting the core values of our institution."

Parwaneh Elias Al Shibani, Executive Director of Nursing, Al Wakra Hospital, Al Maha Center & Mesaieed General Hospital

5. What cultural strengths do GCC nurses bring to the healthcare setting?

"GCC nurses bring valuable cultural strengths to healthcare settings, enhancing patient care through empathy, respect, and strong community values. Rooted in Islamic and regional traditions, they often view caring for the sick as a moral and spiritual responsibility, which fosters a compassionate and patient-centered approach. Their deep understanding of local customs, family dynamics, and gender sensitivities allows them to provide culturally appropriate care, especially in conservative societies.

Many GCC nurses are bilingual, commonly speaking Arabic and English, which supports effective communication in diverse healthcare teams and with patients from different backgrounds. Their strong sense of hospitality, modesty, and respect promotes trust and comfort in patient interactions. Additionally, their commitment to teamwork and loyalty helps build cohesive and respectful work environments. By bridging cultural gaps between expatriate staff and local communities, GCC nurses play a crucial role in delivering holistic, inclusive, and culturally sensitive healthcare."

Saadiya Ahmad S A Alhebail, Assistant Executive Director of Nursing- ACC Acting Executive Director of Nursing - WWRC

6. How has the diversity of the nursing staff, including GCC nurses, enriched the patient experience?

"The diversity of nursing staff across HMC is a positive reflection of the population we serve. Led by GCC nurses, the widespread diversity ensures that all patients feel connected to and welcomed in our healthcare system where they receive World Class treatment and care."

Mr. Ian McDonald, Executive Director of Nursing, Heart Hospital

Growth and Development for GCC Nurses:

7. What opportunities for professional growth and development are available for GCC nurses within HMC?

"One of the reasons why I am still in HMC is because of its door to opportunities for professional growth and development. It offers access to continuing education, trainings, leadership programs, clinical advancement, research opportunities and access to esteemed leaders' mentorship."

Somaya Al-Haidose, AEDON, PFE Corporate Nursing & Midwifery

8. What are some of the unique challenges and opportunities that GCC nurses face in their roles at HMC?

"GCC nurses at HMC enjoy advantages such as cultural compatibility, strong job security, access to training and career progression, however elevated expectations within a multicultural and competitive setting, pressure to meet high expectations within a diverse and competitive environment is a challenge."

Alanoud Almarri, Executive Director of Nursing and Midwifery, Workforce, Corporate Nursing and Midwifery

Culture and Collaboration:

9. How would you describe the collaborative environment between GCC nurses and other healthcare professionals at HMC?

"The collaborative environment at Hamad Medical Corporation (HMC) between GCC nurses and other healthcare professionals is exemplary and aligns with international standards for interprofessional practice. Nurses actively contribute to clinical decision-making, quality improvement initiatives, and patient safety protocols. The culture fosters mutual respect, shared accountability, and open communication across disciplines. Leadership encourages team synergy, empowers nurses to engage in multidisciplinary rounds, and supports continuous professional development. This collaboration has positively impacted care outcomes and staff satisfaction."

Muna Yaqout Al-Abdulla, Assistant Executive Director of Nursing, WWRC

10. How does HMC foster an inclusive environment that values the diverse backgrounds of its nursing staff?

"At Hamad Medical Corporation, we view diversity as a strength and are committed to fostering an inclusive, culturally respectful environment. With a nursing workforce from diverse backgrounds, we promote inclusion through onboarding, cultural competence training, and open dialogue. Our policies ensure equity, and leadership supports fair opportunities for growth. Through teamwork, shared decision-making, and mentorship, we bridge cultural differences, enhancing staff satisfaction, retention, and the quality of care. At HMC, we don't just accommodate diversity—we celebrate it as a key driver of healthcare excellence."

Parwaneh Elias Al Shibani, Executive Director of Nursing, Al Wakra Hospital,

Al Maha Center & Mesaieed General Hospital

Future Outlook and Advice:

11. What advice would you give to aspiring GCC nurses who are considering a career at HMC?

"For aspiring GCC nurses considering a career at Hamad Medical Corporation (HMC), I would advise them to cultivate a strong foundation in both clinical expertise and compassionate care. HMC provides opportunities to work in a state-of-the-art healthcare system, where professionalism and empathy are highly valued."

It's also crucial to be adaptable in a multicultural environment like HMC, where patients and staff come from diverse backgrounds. Nurses should be open to learning from others and continuously improving their skills. Furthermore, aspiring nurses should embrace teamwork, as collaboration is key to delivering high-quality care. By maintaining a patient-centered mindset and striving for excellence, they will thrive at HMC and contribute meaningfully to the healthcare community."

Saadiya Ahmad S A Alhebail, Assistant Executive Director of Nursing- ACC Acting Executive Director of Nursing - WWRC

12. What message would you like to convey to the GCC nurses on GCC Nurses Day?

"GCC Nurses should take a moment to pause and reflect on the enormous and unique contribution they make to healthcare delivery. Culturally in tune with society and professionally equipped with cutting edge knowledge and skillsets, they are best placed to celebrate everything they do."

Mr. Ian McDonald, Executive Director of Nursing, Heart Hospital

NCCCR Nursing Marks World Cancer Day 2025: A Celebration of Awareness and Unity

By: Zyad Abu Issa, DON, NCCCR

The Nursing Department at National Center for Cancer Care and Research (NCCCR), spearheaded World Cancer Day 2025 with a series of impactful events aimed at raising awareness, fostering education, and promoting unity in the global fight against cancer.

World Cancer Day, observed internationally on February 4th each year, serves as a key platform to mobilize communities, healthcare professionals and individuals toward collective action in reducing the global cancer burden.

The 2025 theme, "United by Unique," emphasized the importance of embracing diversity and collaboration in combating cancer. In alignment with this theme, the NCCCR initiated a range of awareness activities designed to engage staff, patients, and visitors across Hamad Medical Corporation (HMC).

The commemorative events commenced on February 2nd, 2025, with an internal engagement session held at the ITQAN Simulation Center. This initiative was organized in collaboration with the HR Employee Wellbeing and Wellness Program.

On February 4th, educational and informational booths were set up in the NCCCR garden, welcoming patients, caregivers and visitors to participate in interactive learning experiences.

The primary objectives of the initiative were to:

- ◆ Disseminate essential information about various types of cancer and their early signs and symptoms.



- ◆ Promote the importance of early detection and timely screening.
- ◆ Highlight effective prevention strategies and lifestyle modifications; and
- ◆ Connect attendees with national resources, including access to Qatar's cancer screening programs.

Clinical nurse specialists, dietitians, nurse educators and nursing leaders played a central role in facilitating these activities. Through expert-led sessions, participants received personalized health guidance, nutritional advice and information on cancer prevention strategies.

Additionally, interactive displays and educational materials reinforced key messages on early detection and healthy living.

The strong participation from healthcare professionals, patients, and public underscored the shared commitment to combating cancer through knowledge, compassion and coordinated action. NCCCR's observance of World Cancer Day 2025 stands as a testament to the institution's ongoing dedication to

patient education, early detection, and holistic cancer care.



Celebration of International Nurses and Midwives Day 2025

By: Muna Al-Hetmi, DONE – NMED



HMC Nursing and Midwifery celebrated International Nurses and Midwives Day 2025 over the span of a week across all its facilities, ensuring maximum frontline staff participation and fostering a spirit of unity and appreciation for the invaluable contributions of nurses and midwives. This year's celebration was guided by multiple global themes. International Nurses Day followed the theme "Our Nurses. Our Future. Caring for Nurses Strengthens Economies," while the International Day of the Midwife was celebrated under the theme "Midwives: Critical in Every Crisis." The week-long program was thoughtfully designed to promote staff wellbeing, closely aligning with the global focus of this year's themes.

To effectively manage the large number of participants, facilities were divided into two groups: the Nightingale Group for morning sessions and the Rifaida Group for afternoon sessions. The Nightingale Group, named in honor of Florence Nightingale, the pioneer of modern nursing, reflected the commitment and compassion nurses bring to healthcare. The Rifaida Group, inspired by Rifaidah Al-Aslamia the first recognized Muslim nurse, highlighted the historical and spiritual significance of nursing and midwifery in our culture. This grouping ensured that all staff had the opportunity to engage meaningfully with the activities.

Each facility followed the same structured agenda to promote a sense of unity. The events began with a recitation from the Holy Quran, followed by a welcome



speech and inspirational message from Ms. Mariam Al-Mutawa, CNO, via her AI Avatar, Leaders from each facility addressed the gathering, expressing gratitude to their teams and reinforcing the importance of caring for those who care for others. A notable number of staff members attended each session, fostering a strong sense of community and professional networking.

A moment of remembrance was observed by three of our dear colleagues, known as Magnolia, whom we sadly lost this year. Their dedication



and service were honored with respect and solemnity. In contrast, we also celebrated moments of joy, as two of our staff members were blessed with healthy babies on May 5th and 12th, 2024. Affectionately referred to as Tulip, bringing a positive spirit to the events.

Each facility closed their celebration with engaging activities aimed at team-building and cultural representation, followed by cake cutting and a shared meal, further strengthening interpersonal bonds among staff.

The Corporate Level Event was held at Itqan – The Simulation Center, and it followed the same agenda as the facility-level events. This central event brought together staff from across the Corporate Nursing and Midwifery Departments (NMED, NMRD, Quality Department, Nursing Informatics Department, Workforce Department, and Ambulance Service). Approximately 120 attendees participated, with the event commencing with the Holy Quran recited by Mr. Ahmad Al-Nsour, followed by a presentation from Ms. Mariam Al-Mutawa, CNO, via her AI Avatar.

The 6 department leaders took to the stage to recognize and appreciate their teams, reinforcing the value of their daily efforts. The event included interactive activities led by nurse educators, encouraging engagement and reflection. The program concluded with closing remarks by Ms. Muna Al-Hetmi, followed by a celebratory lunch and cake-cutting ceremony.

Overall, the celebration across all facilities and the corporate level was a meaningful tribute to our nurses and midwives, echoing the themes of care, resilience, and recognition.



Shining a Light on Our Cornerstones: Housekeeping and Security

By: Dyna George, Project Coordinator, Corporate Nursing & Midwifery

The smooth and efficient operation of the Corporate Nursing & Midwifery office building relies on the dedication of our Housekeeping and Security teams, whose consistent support forms our foundation.

In recognition of their exceptional efforts and unwavering commitment, Ms. Mariam Nooh J.H. Al Mutawa, Chief Nursing Officer (CNO), recently recognized the Housekeeping and Security teams.

Certificates of Appreciation were presented to each member, symbolizing the organization's deep gratitude for their invaluable contributions.

Our Housekeeping team ensures a clean and welcoming environment through their meticulous attention to detail, positively impacting our well-being and productivity. Their efforts create a positive atmosphere that fosters focus and professionalism.

Ms. Muna, Housekeeping staff said, "We are thankful for the Nursing and Midwifery teams' respect and cooperation, which helps us maintain a clean and comfortable environment for everyone."

Equally vital, our Security team's vigilance and commitment to safety provide us with peace of mind. They work tirelessly behind the scenes, ensuring the security of our building, our resources and most importantly, our people.

Their proactive approach contributes significantly to an exceptional work environment.

Mr. Bodh Bahadur, security personnel stated that "We value the understanding and support of the Nursing and Midwifery teams, which is essential in helping us ensure the safety and security of our workplace."

We extend our sincere gratitude to both teams for their hard work and professionalism. Their contributions are essential to our success and well-being, making them valued members of our community.



Advanced Nursing and Midwifery Practice Network Hosts Strategic SOAR Analysis Workshop

By: Ahmad Mohammad Abedalla Hajaj , Clinical nurse specialist, Qatar Rehabilitation Institute



On February 6, 2025, the Advanced Nursing and Midwifery Practice Network hosted the “Empowering Advanced Practice Nursing: Navigating Challenges and Shaping the Future through SOAR Analysis” workshop at the QRI Auditorium. The event brought together Advanced Practice Nursing (APN) professionals, nursing leader and healthcare stakeholders to shape a strategic vision for APN roles within Hamad Medical Corporation (HMC).

Workshop Objectives:

The session aimed to:

- ♦ Assess the current state of APN practice using the SOAR (Strengths, Opportunities, Aspirations, and Results) framework.
- ♦ Identify strategies to address ongoing challenges.
- ♦ Promote collaboration among APNs and leadership.

Key Insights:

Participants acknowledged the advanced clinical expertise and leadership APNs bring to patient-centered care. They highlighted opportunities to integrate emerging technologies, strengthen interprofessional collaboration, and better utilize resources to enhance care delivery.

Future Aspirations:

The group envisioned APNs leading healthcare innovation, expanding their scope of practice and achieving measurable results, including improved patient outcomes and enhanced professional development.

Professional Growth & Vision:

The workshop underscored the importance of continuous learning for Clinical Nurse Specialists (CNSs) and envisioned a future where they:

- ♦ Collaborate across disciplines to improve outcomes.
- ♦ Influence policy and service optimization.
- ♦ Mentor future APNs.
- ♦ Lead research to advance clinical excellence.

Leadership Message:

“This workshop marks a pivotal moment in the evolution of APN,” said Ms. Mariam Nooh J.H. Al-Mutawa, CNO. “By leveraging our strengths and embracing opportunity, we can drive impactful change in healthcare delivery.”



Safety Tips:

By: By Corporate Nursing & Midwifery Quality and Practice department

Preventing Unintentional Retained Foreign Body During an Invasive Procedure

"Unintentional Retained Foreign Body During an Invasive Procedure" is a serious and preventable complication. To minimize the risk of such incidents, healthcare providers follow specific protocols and procedures.

Key strategies to prevent the unintended retention of foreign bodies during surgery include, but are not limited to, the following:

- ♦ Adhere to CL7218 Prevention and Management of Unintentional Retained Foreign Body During a Surgical/Invasive Procedure
- ♦ Follow consistent, standardized counts of surgical items before, during, and after procedures. Accurate documentation of all surgical instruments used during a procedure.
- ♦ Adherence to preoperative "time-out" procedures and Effective Utilization of surgical checklists to ensure procedural safety, including item counts. (Refer CL6044 Correct Patient, Correct Site, Correct Procedure)
- ♦ Use gauze and sponges with radiopaque markers to allow detection through imaging.
- ♦ Implement radio-frequency identification (RFID) or barcode scanning systems to track surgical items.
- ♦ Engage in pre- and post-procedural team discussions to review item counts and communication.
- ♦ Enforce a "no-interruption" zone or protocol during critical count times to improve accuracy.
- ♦ Maintain accurate documentation of item counts and discrepancies in the patient record.
- ♦ Use intraoperative imaging (e.g., X-ray) when counts are incorrect or items are unaccounted for.
- ♦ Regularly train all perioperative staff on count protocols, technologies and safety culture.
- ♦ Promote a culture of open and clear communication among all members of the surgical team.

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3. The Joint Commission (2013). Sentinel Event Alert #51: Preventing Retained Surgical Items.
4. World Health Organization (2009). WHO Surgical Safety Checklist.

Safe Care of Patients with Osteoporosis : Evidence – Based best Practices for Turning Patients

Patients with osteoporosis are at high risk of fractures due to weakened bones, especially from falls or minor injuries. Safe care includes fall prevention, gentle handling, using assistive devices, and promoting bone health through diet, supplements, and safe physical activity. Regular monitoring and early identification of bone loss are important to prevent complications. Educating patients and caregivers on safe mobility techniques also plays a key role in reducing fracture risk.

- ♦ **Use Logrolling Technique:** Maintain spinal alignment by turning the patient as a single unit, especially if vertebral fractures are present or suspected.
- ♦ **Apply Friction-Reducing Devices (FRDs):** Use slide sheets or transfer aids to reduce shear and pulling forces on brittle bones.
- ♦ **Ensure Adequate Staffing for Manual Handling:** Use a two-person (or more) team approach to ensure proper control and reduce mechanical stress on the patient.
- ♦ **Avoid Forceful or Jerky Movements:** Gentle and slow movements decrease the risk of fractures during repositioning.
- ♦ **Support Limbs and Joints During Turns:** Maintain joints in alignment and support the body to avoid abnormal loading on bones.
- ♦ **Use Positioning Aids (e.g., Pillows, Foam Wedges):** These aids help maintain alignment and reduce pressure on vulnerable areas like the spine, hips, and heels.
- ♦ **Regular Pain and Risk Assessment:** Assess pain and fragility risk before each turn to modify techniques appropriately.
- ♦ **Educate Staff on Osteoporotic Fracture Risks:** Training in fracture prevention strategies is critical for all healthcare workers handling these patients.
- ♦ **Frequent but Safe Repositioning:** Reposition at least every 2 hours (or per individualized care plan), always prioritizing gentle technique.
- ♦ **Document and Communicate Handling Precautions**
- ♦ **Clearly document bone fragility status and communicate precautions during handover.**

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Celebrating Achievements & Launching New Initiatives

Rumailah Hospital

By: Ildelyn Casimiro, CN, Rumailah Hospital"

Inside of the Hospital Walls: Honoring the Heart of Ambulatory Care Nursing

Rumailah Hospital celebrated Ambulatory Care Nurses Day in February 2025, honoring their crucial role in outpatient care, including Geriatric and Urgent Care units and Clinical Imaging. These nurses provide continuous, patient-centered care, bridging inpatient and outpatient services. Dr. Hanadi Khamis Al Hamad and Mr. Esmat Swallmeh praised their expertise in chronic disease management, innovation in telehealth,



and dedication, highlighted through personal stories during the event. The celebration emphasized their vital contribution to improving patient care and setting high healthcare standards.

Read more about this event on <https://itawasol/EN/Pages/AnnouncementArticle.aspx?AnnouncementID=9323WW>

Medical Care Research Center (MCRC) Palliative care unit

By: Zyad Abu Issa, DON, NCCCR

The MCRC Palliative Care Unit recently celebrated three significant milestones: its first-ever Ramadan celebration, during which staff presented thoughtful gifts to patients; an inaugural offsite team-building event that strengthened collaboration and camaraderie among staff; and the achievement of Joint Commission International (JCI) Gold Recertification, underscoring the unit's dedication to patient safety and high-quality care.

These accomplishments reflect the team's strong commitment to empathy, teamwork, and continuous improvement, paving the way for excellence in palliative care.



By: Anam Abdo Ali Almardahi , Director of Nursing, Qatar Rehabilitation Institute

Qatar Rehabilitation Institute (QRI) successfully completed its CARF accreditation review (Feb 18-20, 2025), highlighting its commitment to high-quality rehabilitation care. QRI's nursing staff, particularly Ms. Mashaal (AEDON-QRI) and Ms. Anam (DON-QRI), were commended for their professionalism and dedication, resulting in zero findings in key leadership and workforce development chapters. This success underscores nursing's vital role in advancing QRI's mission to improve

patient outcomes and drive excellence in rehabilitation care.

Looking Ahead

QRI's successful CARF survey highlighted the essential role of its dedicated and skilled nursing team in achieving high standards. Moving forward, nursing will continue to lead QRI in delivering world-class rehabilitation services with a strong focus on patient care, safety, and leadership, further raising the bar in the field.



Celebrating Clinical Imaging Nursing Week: Enhancing Practice, Collaboration and Innovation

By: Mr. Ammar Mousa Hasan Mutlaq, Head nurse, Clinical imaging

Hamad Medical Corporation (HMC) successfully hosted its first Clinical Imaging Nursing Week from April 20-24, 2025, celebrating the crucial role of imaging nurses in person-centered care. The week-long celebration featured engaging booth activities across four key facilities: Ambulatory Care Center (ACC), Aisha Al-Atiyah Hospital (AAH), Rumailah Hospital (RH), and Al Wakra Hospital (AWK)

The week featured educational sessions, interactive workshops and a poster competition highlighting quality improvement projects across four HMC facilities. Under the theme "Person-Centered Care: The Heart of Imaging Nurses," the event underscored the nurses' vital contributions to patient safety and comfort in advanced imaging procedures. The initiative was spearheaded by Ms. Sara Saleh Al Marri, Acting Director of Nursing in Clinical Imaging.



Continuing Professional Development Educational Activities Updates

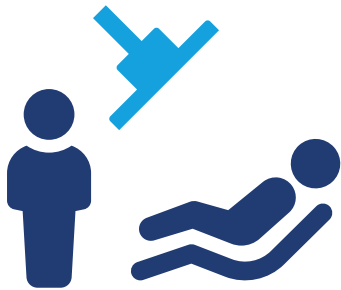
By: Ms. Kumari Thankam S. Ammal Director of Nursing Education, Corporate NMED

Ms. Jessica N. Waghmare Nurse Educator -I, Corporate NMED



1. Specialty Modular Programs

a. Principles of Surgical Nursing



A specialty program within the surgical nursing educational pathway designed to provide nurses with the essential knowledge, skills, and practice to deliver the highest quality, compassionate, and evidence-based care to adult patients in the surgical setting. Delivered by multi-disciplinary healthcare professionals using various instructional techniques to promote nurses' critical thinking, problem-solving, and decision-making skills for safe practice.

Activity start date: 3-4 June 2025.

Nurse Planner: Mr. Malik Smadi, Nurse Educator II, Corporate NMED

b. Care of Patients with Musculoskeletal Needs



The simulation-based surgical specialty program is designed for nurses who are caring for adult patients with musculoskeletal injuries to enhance their knowledge, skills, and competence required to deliver safe, confident, compassionate, effective, and evidence-based care. The program incorporates a person-centered care approach, emphasizing the nurse's role in delivering care that is respectful of and responsive to individual patient preferences, needs, and values.

Activity start date: 19 June 2025

Nurse Planner: Mr. Amer Abd Al-Aziz, Acting Director of Nursing Education, Corporate NMED

c. Pediatric Critical Care Nursing Program



This specialty module aims to enhance nurses' knowledge, skills, and competencies, enabling nurses to deliver safe, compassionate, effective, and evidence-based care for patients in the pediatric critical care setting at Hamad Medical Corporation (HMC). The module incorporates the latest evidence-based practices and provides an immersive learning environment through reflective group discussions, case scenarios,

and simulation activities, promoting standardized and competent practice. The activity delivery started on **24 April 2025** and is ongoing.

Nurse Planner: Ms. Surekha Kiran Patil, Nurse Educator II, Corporate NMED.

d. Systemic Anti-Cancer Therapy Program for Nurses



The Systemic Anti-Cancer Therapy (SACT) program is designed to equip nurses with the necessary knowledge and skills for administering antineoplastic drugs and managing the complexities associated with systemic anti-cancer therapies. The program aims to ensure the delivery of safe, evidence-based care by utilizing a flipped classroom model, with interactive in-class activities for a more engaging and effective learning experience.

Activity start date: 25 June 2025.

Nurse Planner: Ms. Sindhumole Nair, Nurse Educator II, NCCCR.

2. Nursing Grand Rounds (NGR)

Nursing Grand Rounds serve as an essential teaching-learning strategy that aims to foster contemporary, evidence-based nursing and midwifery practices.

These Regularly Scheduled Series sessions highlight high-quality patient care, improved patient outcomes and lessons learned to continually improve the nursing and midwifery practice.

NGR facilitates discussions among a wider audience of peers and encourages the dissemination, transfer, and application of new practices and research findings within broader clinical settings. Furthermore, NGR promotes collaboration among interprofessional clinicians, leaders, and educators.

a. Comprehensive Care for Post-Partum Hemorrhage: Bridging Multidisciplinary Expertise.



The Cuban Hospital's Blended Nursing Grand Round on 08 May 2025 highlighted the successful multidisciplinary management of Postpartum Hemorrhage (PPH). It emphasized evidence-based practices to improve patient outcomes and tackle care challenges. Over 250 participants, including nurses, midwives, and physicians, attended this educational activity.

Nurse Educator: Ms. Nadia Mejri, Corporate NMED.

b. Awdit al Amal



Rumailah Hospital's Nursing Clinical Grand Round showcased the journey of successful weaning of two patients who are integrated back into the community and work. This NGR will discuss ventilator weaning, decannulation and the impact of multidisciplinary care using a person-centered approach. Staff will share their experiences with these patients. The target audience includes nurses, physicians, and allied healthcare professionals.

Activity conducted on 24 May 2025.

Nurse Planner: Ms. Ridzna Mohammad, Acting Director of Nursing Education, Corporate NMED.

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By: Abdulqadir Jeprel Japer Nashwan, AED of Nursing and Midwifery

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Exploring the link between physical activity and professional quality of life among nurses: a cross-sectional study in Qatar	Kamaruddeen Mannethodi, George V. Joy, Kalpana Singh, Ederlie E Pitiquen, Nabila Chaabna, Jibin Kunjavara, Abdulqadir J. Nashwan	https://link.springer.com/article/10.1186/s12912-025-02967-4
The Comprehensive Healthcare Education Simulation Tool (CHEST): A validity and reliability study in nursing education	Mohammed Al-Hassan, Elham Al-Omari, Roqaiya Dorri, Anan K. Al Badawi, Fadi Khraim, Abdulqadir J. Nashwan	https://www.sciencedirect.com/science/article/pii/S1557308725000873
Nurse-led medication self-management intervention in the improvement of medication adherence in adult patients with multi-morbidity: A Randomized controlled trial	Kalpana Singh, George V. Joy, Asma Al Bulushi, Albara M. Alomari, Kamaruddeen Mannethodi, Jibin Kunjavara, Nesiya Hassan, Zeinab Idris, Mohd A. Yassin, Badriya Al Lenjawi	https://doi.org/10.1016/j.gloepi.2025.100184
Innovative forecasting models for nurse demand in modern healthcare systems	Kalpana Singh, Abdulqadir J. Nashwan	https://dx.doi.org/10.5662/wjm.v15.i3.99162
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Enhancing Pediatric CPR Competence: A Study in Qatar's Tertiary Healthcare System	Samiya Mohamed Hassan ,Surekha Kiran Patil , Amudha Pattabi and Kalpana Singh	https://onlinelibrary.wiley.com/doi/10.1155/nuf/4975262