

Cholera



CHOLERA



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مركز الأمراض الإنتقالية
Communicable Disease Center

عضو في مؤسسة حمد الطبية
A Member of Hamad Medical Corporation



Cholera

Introduction

Cholera is a bacterial infection causing acute, diarrheal illness. It is transmitted by water and food contaminated.

The Illness

The disease causes rapid onset of watery diarrhea and vomiting. Severe dehydration can occur. Medical attention should be sought as soon as possible.

Treatment

Treatment includes rapid and adequate fluid replacement with appropriate antibiotics once cholera suspected.

RECOMMENDATIONS FOR TRAVELLERS

Travelers need follow certain steps to ensure that they are protected against cholera including:

- Ensuring safe food and water practices, especially in areas where cholera is more common or in outbreak situations.
- Personal hygiene is essential by adequate hand wash.

VACCINATION

Cholera vaccine is available in Communicable Disease Center travel clinic and is recommended for certain travelers traveling to countries experiencing cholera outbreaks.

- The vaccine is suitable from the age of two years and over.
- Doses are as described :
- Two to six years - three doses
 - 0
 - + one week
 - + two weeks
- 6 years and above- two doses
 - 0
 - + one week
- Should be administered at least 10 days before travel
- Booster dose is needed as described:
 - Two to six years
 - * One dose at six monthly intervals
 - Six years to adult
 - * One dose at two yearly intervals

The vaccine is available at the travel clinic at the communicable disease center