

### Care Coordination

- Help the patient to access medical records Maintain patient's personal medication list
- Assist the patient to participate in his/her plan of care
- Assist the patient in follow-up appointments

### Recreational and Other Needs

- Assisting in going to the balcony/recreational area when playing games

Note: If patients are on airborne isolation, care partners are not allowed to stay overnight for their safety. As advised by our physicians, upon completion of the period of isolation, Care Partners can actively participate and render support to their patient's care

Communicable Disease Center (CDC) wants to make sure that you get the best care possible.

If you have any concerns about the quality or safety of your care during your hospital stay, please let your nurse or doctor know.

# CARE PARTNER PROGRAM



مركز الأمراض الإنتقالية  
Communicable Disease Center

عضو في مؤسسة حمد الطبية  
A Member of Hamad Medical Corporation



## CARE PARTNER PROGRAM

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We understand and acknowledge the fact that involving family and friends as partners in care is an integral part of treatment as evidence points to accelerated healing, improved satisfaction, and better communication and shared decision making.

### Who is a Care Partner?

A Care Partner is a person whom you will choose to assist you in delivering care during hospitalization.

### Who can be Your Care partner?

A family member or a friend chosen by you.

### What is care partner agreement form?

After the selection of a care partner you need to sign the care partner agreement form which explains to you that who will be your care partner during the episode of care in communicable disease center and you are aware that your care partner may receive clinical information from the healthcare workers in order to coordinate your health care needs. This agreement will remain in effect until revoked by you in writing or filling another form.

### What will a care partner receive?

- Orientation to the Unit
- Care Partner Identification card
- Meals
- Overnight stay in the facility.
- Brochure.

### Can patients stop or change the Care Partner?

Patients can stop a Care Partner or change them at any time. Write to the healthcare team and ask the assigned nurse to assist in completing the care partner agreement form.

### Can patients have more than one Care Partner?

We suggest that patients choose only one Care Partner to simplify communication, but may select multiple Care Partners preferred; However, Over-night stays are limited to one Care Partner.

### Care Partner Activities

#### Social Support & Companionship

- Offer support and encouragement
- Read books, magazines, brochures
- Assist with phone calls
- Bring in food from home, as advised
- Pray with the patient
- Connect patient with spiritual support
- Recharging mobile, calling friends and relatives

#### Advocacy

- Serve as family spokesperson to keep other family members updated on client progress
- Liaise with health care providers for questions/updates
- Manage visitors / protect patients' sleep
- Act as a translator/facilitator to properly convey information

#### Meeting Daily Needs

- Assist with menu selection
- Assist with feeding
- Provide assistance with walking
- Escort patient on short wheelchair trips
- Assist the patient during transfer/procedures

#### Patient Safety Monitoring

- Initiate call bell in case of emergency or for any assistance.
- Educate visitors on proper hand hygiene
- Alert staff to any quality or safety concerns
- Patient Education/Information Support
- Provide materials to help patient understand his/her illness/condition

#### Patient Education/Information Support

- Provide materials to help patient understand his/her illness/condition.
- Understand discharge instruction to follow up after discharge
- Assist the patient to write the preferences in white board
- Assist in setting goals (Daily and the Ultimate goals)
- Remind the patient about hand washing, cough etiquette and proper disposal of waste

#### Patient Care Activities

- Assist with simple dressing changes
- Assist the nurse for Vitals monitoring, height and weight checking, Head to foot assessment and history collection
- Monitor fluids by recording intake/output
- Reminding the medication administration timings, clarifying doubts related to medications.