

Understanding Research

# at Hamad Medical Corporation (HMC)



Further information for Patients : 180520



مؤسسة حمد الطبية  
Hamad Medical Corporation

HEALTH · EDUCATION · RESEARCH صحة · تعليم · بحوث

### at Hamad Medical Corporation (HMC)

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This leaflet is designed to give you some information about research in HMC

Most advances in health and healthcare have resulted from research. Research can provide important information about how to prevent illness and promote health. It can also help us understand the best ways to treat and care for our patients and the public.

Research is a way of finding out new information about health and illnesses using methods that will ensure the results are reliable.

1. The most important thing to know about research at Hamad Medical Corporation (HMC) is that it is always voluntary. This means that no one can involve you in research without your permission. It also means you can say 'no', and it will not affect your treatment and care in anyway. You do not have to give a reason. Even if you do agree to take part, you can change your mind at any time. Again, it will not affect your treatment and care in anyway. You do not have to give a reason.
2. Before you agree to be involved in research, you will be given information about it. You should find this information clear and easy to understand. You will also be given time to consider the information. If there is anything you do not understand, it should be explained to you again or in a different way until you feel comfortable that you understand it as much as you wish to.
3. You should understand what the research involves. It may involve answering questions or telling someone about how you feel. Some research is about finding out if one treatment is better than another. It may involve taking some

measurements or giving a little extra blood when having blood tests.

4. Any information taken for research will be used only for research and will always be held very safely. It will not be shared without your permission and we will do our best to keep this information confidential.
5. You should know how long the research will take and how long you need to be involved. You should also know if there are any disadvantages or risks involved in the research and any benefits.
6. You should know whom to contact, if you have any questions.

Making sure you have all the information you need in order to make a decision to undergo a treatment or take part in research is called Informed Consent. It means that you know what you are agreeing to and are doing so freely. It can often mean signing a form, but it can also be spoken in some situations.

It is also important to know that all research at HMC has been approved by a panel of experts before it can begin. This is to make sure that all the research at HMC meets all the rules of Qatar and those agreed internationally.

There are many different types of research at HMC. You can ask your doctor or anyone else caring for you for details of research in the department you are attending.

You can also visit our website for further information at <http://www.hamad.qa>