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Community Mental Health Services



IMPROVING THE INVOLVEMENT OF THE FAMILIES IN THE MANAGEMENT PLAN

<u>PROBLEM:</u> Based on an ongoing monitoring (since June 2011) of families involvement with patient's management plan in mental health home care services; it was noted that families are involved in 48% of cases only

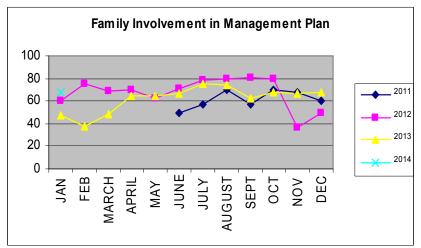
AIM: to increase the percentage of the families' involvement with the management Plan In the community care program to 85%in 9 months. A long term plan is to achieve 90% Involvement by the end of the year 2013.A secondary outcome is to improve the Patient's and staff satisfaction with the community care program and minimize the Relapse rate.

INTERVENTIONS:

- 1. Staff questionnaire to collect preliminary data about the obstacles to deliver the service 4/2011.
- introduce the monitoring tool and collect data about family's involvement in 5/2011
- 3. start the open house program 6/2011
- 4. Prepare leaflets to educate the families about mental illness 2012.
- 5. set criteria of "involvement of families" to redefine the data collection 2/2013
- 6. introduce the Individual Service Plan and encourage the families to participate into it 3/2013
- 7. engage social worker in pts/families decision making
- 8. start monthly pts /famlies meetings 5/2013

RESULTS:

Run chart for percentage of involvement post intervention (5/2011-01/2014)



TEAM:

Head Nurses/Charge Nurses

Psychiatrist

Staff nurses

<u>Coach</u>

Quality Management

Sponsor:

AEDON, RH

CONCLUSIONS:

- The rate of involvement increased from 48% to 80% over 9month
- We identified new obstacles and the need to redefine our criteria raise involvement to 90%
- Encourage community awareness program in Arabic

NEXT STEPS:

- Update the monitoring tool with new defined involvement criteria
- Started staff and patient satisfaction survey4/2013
- Establish clinical outcome measure to investigate link between increased involvement and improved outcome and relapse prevention
- $\mbox{ }^{\bullet}$ Encourage the role of the social worker in the CMHS