

Improving skills and Building confidence among parents of medically complex children: a success story.

Aim:

To increase the number of trained parents from 4% to 50% by January 2014.

Action Taken:

- Individualized bed side, hands on training and education for the parents, according to specific needs of each child were carried out by interdisciplinary team, Training Areas involved: tracheotomy care/change, upper airway suctioning, recognize ventilator alarms, PEG care/feeding, mobilization and safe handling.
- Provide all necessary equipment for out on pass to encourage future discharge.
- Assessing and supporting with community needs.
- Basic Life Support certification of Parents /Caregivers through HITC1.

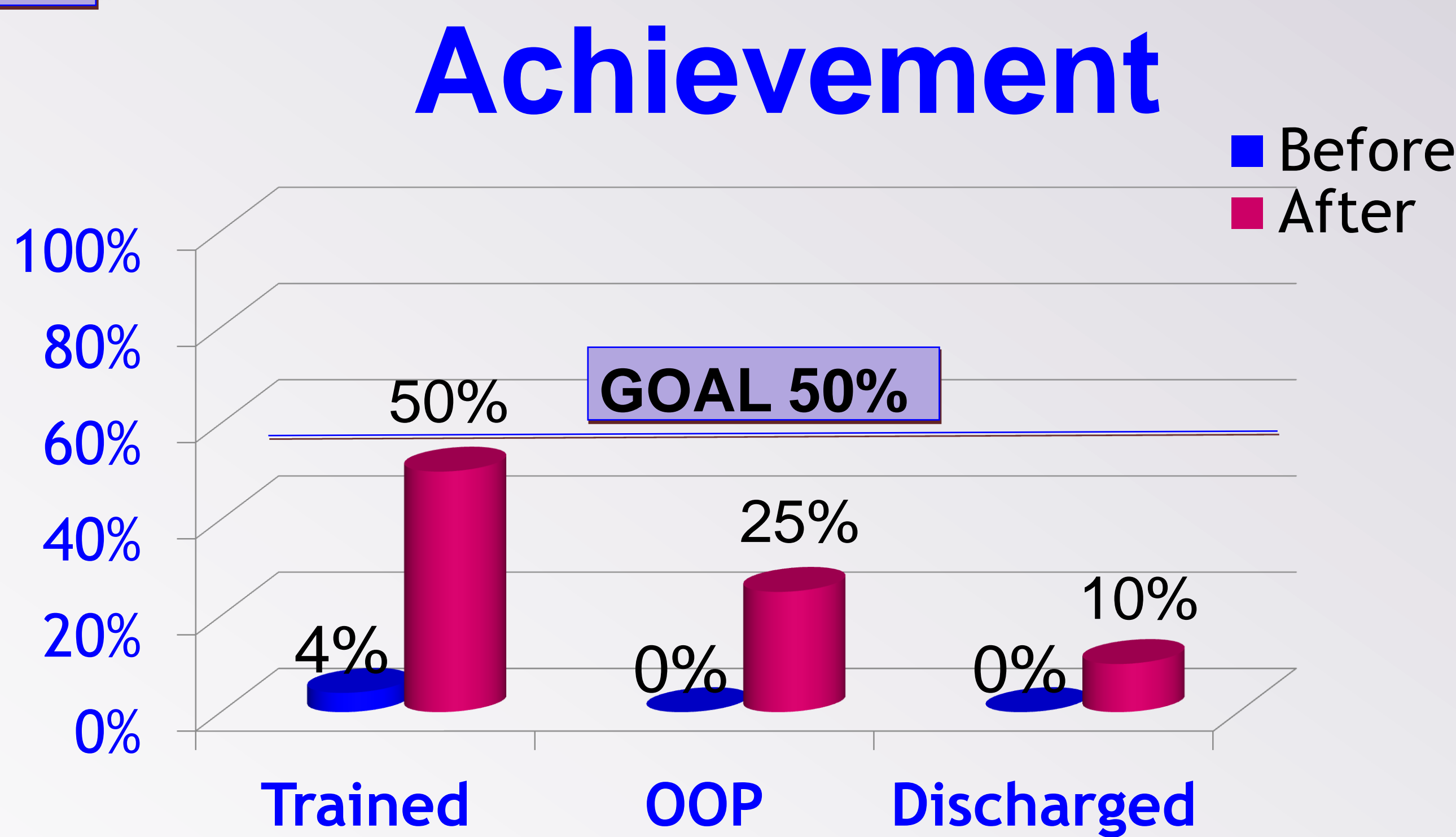
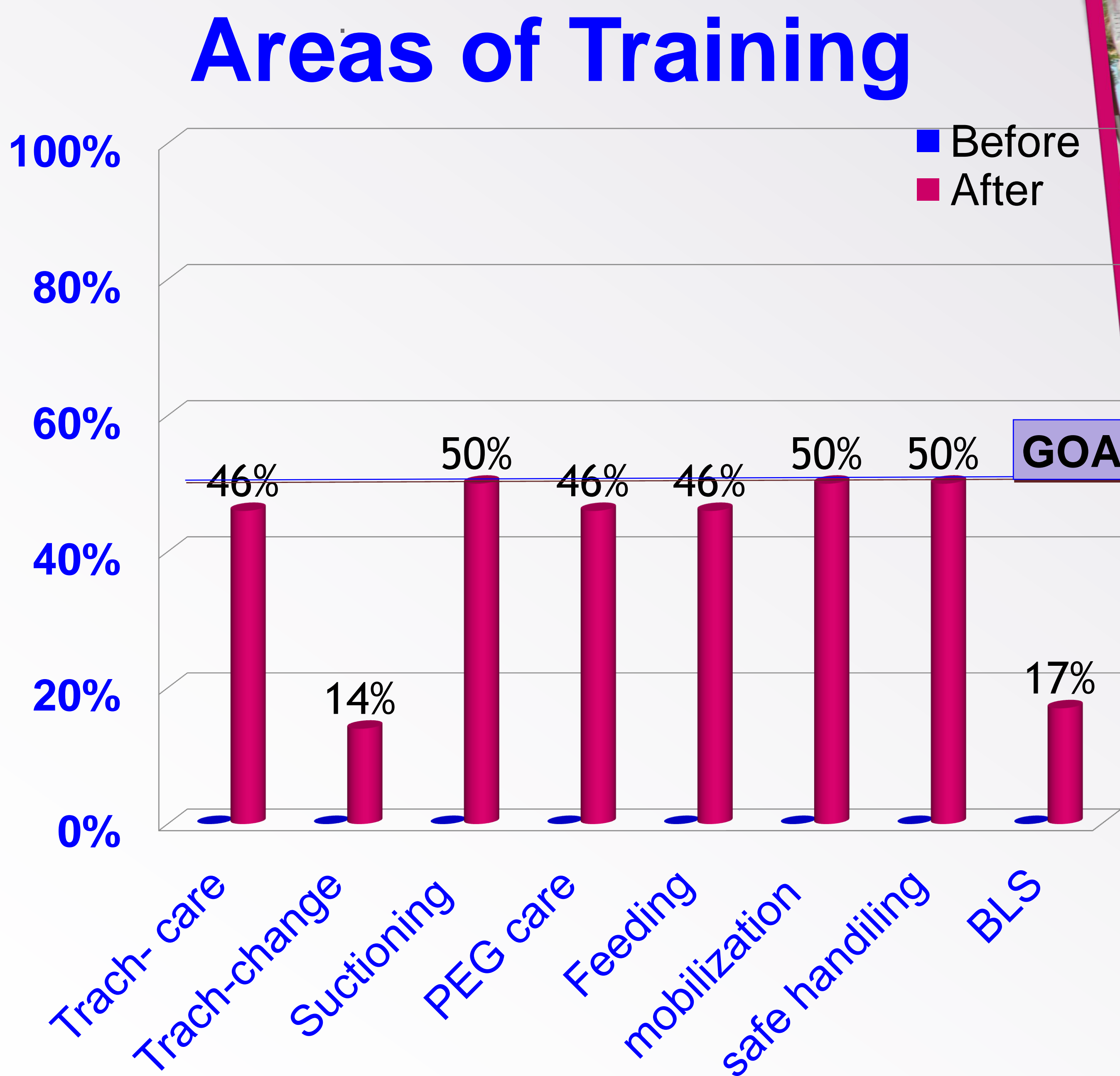
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Result:



Conclusion:

- Successful family participation and interdisciplinary team approach have contributed to a great achievement of educating & training 50% of families.
- Successful outcome measures from the interventions showed marked Improvement in the rate of Discharges and out on pass.
- The intervention were faced by several challenges, like absence of some parents, difficult to arrange training sessions on regular basis due to other commitments of family.

Next Step:

- Continue education and training to encourage more out on pass and promote discharge planning.