



In partnership with



Qatar International Geriatric and Gerontology Conference



Thursday, 31 October to 2 November 2019, The Ritz-Carlton Hotel, Doha



QCHP
المجلس القطري للتخصصات الصحية
Qatar Council for Healthcare Practitioners
الإعتماد
Accreditation

This activity is an Accredited Group Learning Activity (Category 1) as defined by the Qatar Council for Healthcare Practitioners – Accreditation Department and is approved for a maximum of 16 hours.

16 CPD
hours

P R O G R A M

OPENING CEREMONY

Thursday 31 October 2019,
All delegates are invited to attend

5.30 – 6.45 PM Venue: Wosail Ballroom	Welcome from Assistant to the Minister of Public Health for Health Affairs	Dr Salih Al Marri
	Introduction from the conference chairperson	Dr Hanadi Al Hamad
	Briefing from the CEO of Qatar Foundation for Social Work	Ms Amal Abdullatif Al-Mannai
	A personal account from an older adult	Mr Saleem Faraj Al-Granawi
	Keynote from the British Geriatric Society (BGS) President	Prof Tahir Masud

DAY 1: Thursday 31 October 2019

Time/Venue	Track/Topic	Session Speakers/Moderators
2 – 3 PM	Registration	
	Parallel pre-conference lecture sessions	
3 – 3.30 PM Venue: Wosail Ballroom	(1) Professional Development for nurses: Educational technique for nursing department	Mrs Mariam Mutawa, HMC Chair: Dr Asma Abbas
3 – 3.30 PM Venue: Mukhtasar 1	(2) Professional development for therapists: Empowering the team through Active Learning	Ms Lincy Thomas, HMC Chair: Dr Navas Naddukkandiyil
3 – 3.30 PM Venue: Mukhtasar 2	(3) Professional development session Elderly care and community health services in Oman	Ms Mutaira Al Busaidi Directorate General of Primary Health Care Ministry of Health - Sultanate of Oman Chair: Dr Osama Idris
3 – 3.30 PM Venue: Fateh Al-Khair	(4) Professional Development session Geriatric Population and Disaster Planning: Challenges and Solutions	Dr Walid AbouGalala Executive Director of Major Incident Planning and the National Coordinator of the National Health Emergency Management Committee, Qatar Chair: Nusieba Mahgoub
3.30 – 3.35 PM	Transition Break	

- Group 1 elective sessions
- Group 2 elective sessions
- Group 3 elective sessions
- Group 4 elective sessions
- Group 5 elective sessions
- Relaxation / Lunch & Prayer
- Start of a new topic

Group Activities relate to series of elective workshops, lectures or symposia (there are 5 groups of activities and each group has 5 elective sessions). Delegates can select their elective sessions, subject to relevance to their profession and availability.
(Elective session options are shown below, at the end of the program)

3.35 – 4.15 PM	Group [1] Activities on DAY 1: Thursday 31 October 2019, For details see page: 13 (Delegates to select one session from the choice of elective sessions subject to relevance and availability)
4.15 – 4.20 PM	Transition Break
4.20 – 5 PM	Group [2] Activities on DAY 1: Thursday 31 October 2019, For details see page: 15 (Delegates to select one session from the choice of elective sessions subject to relevance and availability)

- Group 1 elective sessions
- Group 2 elective sessions
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DAY 2: Friday 1 November 2019

Time/Venue	Track/Topic	Session Speakers/ Moderators
7 – 8.20 AM	Registration & Refreshments	
7.30 – 8 AM	Tai chi session - held in the garden outside Wosail Ballroom	
8.20 - 8.30 AM	Advanced care plan and patient dignity These lectures are for all delegates, in Wosail Ballroom Chair: Professor Tahir Masud Facilitator: Dr. Wasim Akram	
8.30 - 9 AM	Islamic ethical perspectives on advanced care planning	Prof Mohamed Ghaly HBKU
9 - 9.30 AM	End of Life Care - Role of a Geriatrician	Dr Biju Mohamed BGS guest
9.30 - 10 AM	Dysphagia in severe frailty	Dr Aamer Ali BGS guest
10 – 10.15 AM	Panel Discussion with Q & A	
10.15 – 10.20 AM	5 Minute Transition Break	
10.20 – 11 AM	Group [3] Activities, For details see page: 16 (Delegates to select one session from the choice of elective sessions subject to relevance and availability)	
11 AM - 1 PM	Lunch & Prayer (11.05 – 11.30 AM) Tai chi session – held in the foyer	

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1 - 1.10 PM	Dementia These lectures are for all delegates, in Wosail Ballroom Chair: Dr. Amit Arora Facilitator: Dr. Diaeldin Ibrahim	
1.10 - 1.40 PM	Clinical Management of Mild Cognitive Impairment	Prof Tom Dening BGS guest
1.40 - 2.10 PM	Social cultural aspects in the assessment of dementia in Arabic countries	Dr Tarik Bellaj Qatar University
2.10 - 2.40 PM	Neuropsychiatric symptoms in mild cognitive impairment	Prof Rajeev Kumar HMC
2.40 - 3 PM	Panel Discussion with Q & A	
3 - 3.20 PM	Short Break (20 minutes) Yoga session – (2.40 – 3 PM) held in the foyer	
3.20 - 3.30 PM	Frailty and comorbidities These lectures are for all delegates, in Wosail Ballroom Facilitator: Dr. Sameer Valappil	
3.30 - 4 PM	Frailty / multi-morbidity and disability - What is the difference?	Dr Iain Wilkinson BGS guest
4 - 4.30 PM	Frailty... A phenotype or an equation	Dr Lana Halaseh Jordan University Hospital

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4:30 - 5 PM	Osteoporotic fracture	Dr Mai Mahmoud, Weill Cornell Medicine - Qatar
5 - 5:15 PM	Panel Discussion with Q & A	
5:15 PM	Closing of Day 2	

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DAY 3: Saturday 2 November 2019

Time/Venue	Track/Topic	Session Speakers/ Moderators
7.30 – 8.20 AM	Registration & Refreshments	
7:30 – 8 AM	Tai chi session – held in the garden outside Wosail Ballroom	
8.20 – 8.30 AM	Early rehabilitation & preventing de-conditioning These lectures are for all delegates, in Wosail Ballroom Chair: Dr Lana Halaseh Facilitator: Dr Sameer Valappil	
8.30 – 9 AM	De-conditioning in older people	Dr Amit Arora BGS guest
9 – 9.30 AM	Holistic Rehabilitation: Intentional Touch and its Effect on Body, Mind, and Spirit for Elderly Patients	Dr Nawal Al-Hadad HMC
9.30 – 10 AM	Exercise for healthy ageing and the impact on health and well-being	Dr Veronica Parra UMS Health Center, PHCC
10 – 10.15 AM	Panel Discussion with Q & A	
10.15 – 10.35 AM	Short break	
10.35 – 11.20 AM	Group [4] Activities on DAY 3: Saturday 2 November 2019, For details see page: 18 (Delegates to select one session from the choice of elective sessions subject to relevance and availability. See below for session options)	
11.20 – 11.25 AM	5 minute transition break	

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11.25 – 12.10 PM	Group [5] Activities on DAY 3: Saturday 2 November 2019, For details see page: 19 (Delegates to select one session from the choice of elective sessions subject to relevance and availability. See below for session options)	
12.10 – 1.05 PM	Lunch & Prayer (12.15 – 12.30 PM) Yoga relaxation session held in the foyer	
1.05 – 1.15 PM	Promoting Wellbeing These lectures are for all delegates, in Wosail Ballroom Chair: Dr Iain Wilkinson Facilitator: Dr Noorudeen Kunnunmal	
1.15 – 1.45 PM	Maintaining mobility into old age and preventing falls	Prof Tahir Masud BGS guest
1.45 – 2.15 PM	Safeguarding Older Patients from Multi-Drug Resistant Healthcare Associated Infections	Prof Waleed Al Wali HMC
2.15 – 2.35 PM	Quality of life and quality of care in dementia	Prof Sube Banejee University of Plymouth
2.35 – 2.55 PM	Panel Discussion with Q & A	
2.55 – 3.15 PM	Break (3 – 3.10 PM) Yoga relaxation session held in the foyer	
3.20 – 3.35 PM	Dementia -Time to Accept	Dr Mani Chandran HMC
3.35 – 3.50 PM	Future plan for geriatric training	Dr Shafi Hashmath Khan HMC

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3.50 - 4.05 PM	Collaboration with external partners	Dr Kawa Amin HMC
4.05 - 4.10 PM	Closing Remarks	

Elective session details:

3.35 - 4.15 PMW	Group [1] Activities on DAY 1: Thursday 31 October 2019 (Delegates to select one session from the choice of elective sessions subject to relevance and availability. See below for session options)	
Time/Venue	Track/Topic	Session Speakers/Moderators
3.35 - 4.15 PM Venue: Fateh Al Khair	1.1] Session Type: Practical Skills Development Title: How to perform FAST Assessment	Dr Saeed Takish Saeed HMC Moderator: Dr Nusieba Mahgoub
3.35 - 4.15 PM Venue: Mukhtasar 1	1.2] Session Type: Workshop Title: Delirium assessment	Prof Tom Dening, BGS Moderator: Dr Noorudeen Kunnunmal
3.35 - 4.15 PM Venue: Mukhtasar 2	1.3] Session Type: Practical Skills Development Title: How to conduct a Comprehensive Geriatric Assessment (CGA)	Dr Amir Abdulla HMC Moderator: Dr Navas Naddukkandiyil
3.35 - 4.15 PM Venue: Al-Sabea'a	1.4] Session Type: Practical Skills Development Title: Shoulder and Knee IA injection [This session will be repeated on Saturday]	Dr Syed Intakab Alam HMC Moderator: Dr Osama Idris

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3.35 – 4.15 PM Venue: Wosail Ballroom	1.5] Session Type: Oral presentations	Chair: Dr Muhammad Biju
	<p>[A] Normal Aging or a Mild Neurocognitive Disorder? Challenges and Solutions Inspired From the Omani Cohort Study</p> <p>[B] Challenges in dementia caregiving in Qatar: Insights from informal and formal providers</p>	<p>[A] Dr Ammar Alobaidy Sultan Qaboos University Hospital (SQUH), Muscat, Oman</p> <p>[B] Dr Suzanne Hammad Centre for Elderly Empowerment & Care (Ehsan)</p>

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Elective session details:

4.20 – 5 PM	Group [2] Activities on DAY 1: Thursday 31 October 2019 (Delegates to select one session from the choice of elective sessions subject to relevance and availability. See below for session options)	
Time/Venue	Track/Topic	Session Speakers/Moderators
4.20 – 5 PM Venue: Al-Sabea'a	2.1] Practical skills development [repeat session] Title: Bedside Vertigo Assessment	Dr Khalid A. Hadi HMC Moderator: Dr Osama Idris
4.20 – 5 PM Venue: Mukhtasar 1	2.2] Workshop Title: Workshop on Parkinson's Disease	Dr Biju Mohamed, BGS guest Moderator: Dr Irshad Badarudeen
4.20 – 5 PM Venue: Mukhtasar 2	2.3] Workshop Title: Workshop on Nutrition in Advanced dementia and severe frailty	Dr Aamer Ali, BGS guest Moderator: Dr Sameer Valappil
4.20 – 5 PM Venue: Fateh Al Khair	2.4] Practical skills development Title: Falls assessment in a clinical setting	Dr Kawa Amin HMC Moderator: Dr Nusieba Mahgoub
4.20 – 5 PM Venue: Wosail Ballroom	2.5] Practical skills development Title: Skills Development Session for healthcare professionals "What matters to you?"	Facilitated by Ms. Mariam Al Mutawa HMC

Elective session details:

10.20 – 11 AM	Group [3] Activities on DAY 2: Friday 1 November 2019 (Delegates to select one session from the choice of elective sessions subject to relevance and availability. See below for session options)	
Time/Venue	Track/Topic	Session Speakers/ Moderators
10.20 – 11 AM Venue: Fateh Al Khair	3.1] Symposium Title: Symposium on Advance Care Planning (ACP)	Dr Mohammed Ghaly, HBKU Dr Azza Hassan, HMC Dr Biju Mohamed, BGS guest Moderator: Dr Naseer Masoodi
10.20 – 11 AM Venue: Mukhtasar 1	3.2] Lectures (lecture 1) Diabetes in older adults (lecture 2) Avoidability of drug induced liver injury (DILI) amongst an elderly hospital cohort: a comparative evaluation of current adjudication tools	Chair: Dr Biju Bhaskar 1) Dr Marwan Ramadanm HMC 2) Dr Mohammed Danjuma, HMC
10.20 – 11 AM Venue: Al-Sabea'a	3.3] Practical skills development Recent trends in Geriatric Rehabilitation Services	Facilitator: Ms Lincy Thomas, HMC Ms Sweety David, HMC Mr Benshamir Bright, HMC Dr Amal Idris A. Ahmad, HMC Mr Ashok Bhagat, HMC

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10.20 – 11 AM Venue: Mukhtasar 2	3.4] Workshop Title: Workshop on Sarcopenia	Prof Tahir Masud, BGS guest Moderator: Dr Wasim Akram
10.20 – 11 AM Venue: Wosail Ballroom	3.5] Workshop Title: Behavioral issues associated with Dementia	Dr Hanadi Al Hamad HMC Dr Mani Chandran, HMC Moderator: Dr Zerah Al-Salihy

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Elective session details:

10.35 - 11.20 AM	Group [4] Activities on DAY 3: Saturday 2 November 2019 (Delegates to select one session from the choice of elective sessions subject to relevance and availability. See below for session options)	
Time/Venue	Track/Topic	Session Speakers/Moderators
10.35 - 11.20 AM Venue: Mukhtasar 2	4.1] Workshop Title: Early Detection and Integration of Care in Dementia, Delirium, and Depression	Dr Jessie Johnson Calgary University, Qatar Ms Hala Al Ansari Al Wakra Hospital / Calgary University, Qatar Moderator: Dr Zerak Al-Salihy
10.35 - 11.20 AM Venue: Mukhtasar 1	4.2] Workshop Title: Workshop on polypharmacy	Dr Amit Arora, BGS guest Moderator: Dr Diaeldin Ibrahim
10.35 - 11.20 AM Venue: Al-Sabea'a	4.3] Workshop Title: Bedside Vertigo Assessment	Dr Khalid A. Hadi, HMC Moderator: Dr Nusieba Mahgoub
10.35 - 11.20 AM Venue: Fateh Al Khair	4.4] Workshop Title: Integrated medical service [frailty pathway]	Dr Aamer Ali, BGS guest Moderator: Dr Sameer Valappil
10.35 - 11.20 AM Venue: Wosail Ballroom	4.5] Oral presentations [A] Gender aspects of caring for parents with dementia in Qatar: Women's voices from the field Improving access to Comprehensive Geriatric Assessment amongst in-patients living with frailty	[A] Suhad Daher-Nashif Qatar University [B] Dr Hiro Khoshnaw Royal Surrey Country Hospital NHS Foundation Trust Chair: Dr Shafi Ulla Khan

Elective session details:

11.25 - 12.10 PM	Group [5] Activities on DAY 3: Saturday 2 November 2019 (Delegates to select one session from the choice of elective sessions subject to relevance and availability. See below for session options)	
Time/Venue	Track/Topic	Session Speakers/Moderators
11.25 - 12.10 PM Venue: Wosail Ballroom	5.1] Symposium Title: Symposium on maintaining wellbeing	Dr Hanadi Al Hamad, HMC Prof Sube Banerjee University of Plymouth Prof Tahir Masud, BGS guest Chairs: Dr Shafi Khan and Dr Shirmila Syamala
11.25 - 12.10 PM Venue: Fateh Al Khair	5.2] Workshop Title: Workshop on ortho-geriatric "An update on the management of older people with neck of femur fractures"	Dr Iain Wilkinson, BGS guest Moderator: Dr Haroon Saleh
11.25 - 12.10 PM Venue: Al-Sabea'a	5.3] Practical Skills Development [REPEAT SESSION] Title: Shoulder and Knee IA injection	Dr Syed Alam, HMC Moderator: Dr Navas Naddukkandiyil

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<p>11.25 - 12.10 PM</p> <p>Venue: Mukhtasar 1</p>	<p>5.4] Functional training</p>	<p>Dr Maha Al-Naemi, PHCC Ms Eunice Lucrecia, RN Ms Kristine Sta Ana</p> <p>Moderator: Dr Biju Bhaskar</p>
<p>11.25 - 12.10 PM</p> <p>Venue: Mukhtasar 2</p>	<p>5.5] Workshop</p> <p>Title: Heart Failure in older adults</p>	<p>Dr Irfan Muneeb, HMC</p> <p>Moderator: Dr Asma Abbas</p>

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