



مؤسسة حمد الطبية
Hamad Medical Corporation

HEALTH • EDUCATION • RESEARCH
صحة • تعليم • بحوث

3rd Qatar International Geriatrics and Dementia Conference

Thursday 26 to Saturday 28 October 2023



Program



This activity is an Accredited Group Learning Activity
(**Category 1**) as defined by the Ministry of Public Health's
Department of Healthcare Professions – Accreditation
section and is approved for a maximum of **19.5 hours**.

وزارة الصحة العامة
Ministry of Public Health
دولة قطر • State of Qatar



Brought to you by:

HMC's Department of Geriatrics and Long-Term Care



WHO Collaborating Center for Healthy Ageing and Dementia

Day 1:

26th October 2023 (Thursday)



**Don't forget to join fun physical activities.
Keep moving and keep learning!**

Time	Description					
09:00-10:00	Registration	<ul style="list-style-type: none"> Registration & coffee Tai Chi at 09:20 in Presidential Room #8 – join this 15-minute exercise to get you going in the morning 				
10:00-11:15	Opening Ceremony	<ul style="list-style-type: none"> MC Opening Remarks and Quran recitation Welcome Address: <ul style="list-style-type: none"> * Dr. Hanadi Khamis Mubarak Al Hamad Deputy Chief of Long-Term Care, Rehabilitation & Geriatric Care, Head of WHO Collaborating Centre for Healthy Ageing & Dementia, Medical Director RH/QRI, Acting CEO QRI, Chairperson of Geriatrics & Long-term care * Dr. Shafi Khan Deputy Medical Director Rumailah Hospital, Geriatric Fellowship Program Director, HMC Keynote: <ul style="list-style-type: none"> * Delirium in the Elderly in the ICU – Research Turning Mirrors into Windows * Prof. Wesley Ely Professor of Medicine, Grant W. Liddle Chair in Medicine, Co-Director, Center for Critical Illness, Brain Dysfunction & Survivorship, Vanderbilt Memory & Alzheimer's Center 				
11:15-12:00	Plenary 1	Healthy Ageing and Measurement of Healthy Ageing				
	Speaker(s)	Dr. Shirmila Syamala (HMC) & Dr. Jotheeswaran A Thiyagarajan (WHO)				
12:00-13:00	<ul style="list-style-type: none"> Lunch & Prayer break Fun Physical Activity at 12:35 in Presidential Room (PR) #8 – join this 10-minute exercise to keep you energized through the day 					
Room Name	Al Majlis	Salwa 3	Dukhan	Salwa 1 and 2	Al Rayyan	
13:00-14:00	Title(s)	Subcutaneous administration of antibiotic: Why, when, How?	The 4M Approach to Establishing Health Systems Tailored for an Aging Population	Standards and innovations in exercise and rehabilitation for older persons	Delirium in the Elderly in ICU – Are we getting it all right?	None
	Activity	Didactic	Didactic	Workshop	Panel Discussion	
	Speaker(s)	Prof. Gaëtan Gavazzi (Grenoble University Hospital)	<ul style="list-style-type: none"> * Dr. Reham Hassan (HMC) * Ms Marianne Gillies (Institute for Healthcare Improvement) 	Prof. Jürgen M. Bauer (University of Heidelberg)	<ul style="list-style-type: none"> * Prof. Wesley Ely (Vanderbilt University) * Dr. Sayed Tarique Kazi (HMC) * Dr. Fernando Ruiz Gonzalez (HMC) * Dr. Osman Nemer (HMC) * Dr. Zerk Al-Salihy (HMC) * Ms. Saumya Boby (HMC) 	

Day 1:

26th October 2023 (Thursday)

Room Name		Al Majlis	Salwa 3	Dukhan	Salwa 1 and 2	Al Rayyan
14:00-15:00	Title(s)	Kidney-Brain connection – From large to small vessel disease	The effects of COVID-19 pandemic on older adult's mental health	Wound Assessment Unveiled: Hands-On Training for Healthcare Professionals	Dementia -The Journey; Insights from a Care Giver from Qatar	Nursing care in acute hospitals part 1
	Activity	Didactic	Didactic	Workshop	Didactic	Workshop
	Speaker(s)	Prof. Francesco Mattace-Raso (Erasmus MC University Medical Center of Rotterdam)	Dr. Lana Halaseh (University of Jordan)	Ms. Saher Darwish (HMC) Ms. Sahar El Sayed (HMC) Ms Amanie R Gaus (HMC) Ms. Pauline Ancheta (HMC)	Ms. Dawn Francis (Caregiver - Qatar)	Prof. June Andrews (Dementia consultant - UK)
15:00-15:30	• Coffee break			• Fun Physical Activity at 15:00 in Presidential Room # 8 join this 10-minute exercise to keep you energized for the rest of the day		
15:30-16:30	Title(s)	Vaccine preventable diseases in ageing population beyond prevention of Infectious diseases	Optimizing Aging Gracefully: The Role of Precision Rehabilitation	Decade of Healthy Ageing	Delirium in the Elderly; Improving Recovery and Healing Beyond the ICU	Oral Abstract Presentations 1. Co-Production of A Frailty And Sarcopenia Screening And Intervention For Older People. 2. The effectiveness of dementia prevention programs. 3. The role of physical exercise in improvement.
	Activity	Didactic	Didactic	Didactic	Didactic	Didactic
	Speaker(s)	Prof. Gaëtan Gavazzi (Grenoble University Hospital)	Dr. Ajimsha Sharafudeen (HMC)	Dr. Jotheeswaran A Thiyagarajan (WHO)	Prof. Wesley Ely (Vanderbilt University)	1. Prof. Gurch Randhawa (UK) 2. Dr. Hashim Talib (Iraq) 3. Dr Ahmed AlQedra (Qatar)
16:30-17:30	Poster viewing and networking					



Scan the QR code to access the conference website with more information, including speaker details.

Day 2:

27th October 2023 (Friday)



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Time	Description					
07:00-08:00	Registration	• Welcome & Registration		• Stretching exercises to start your day right at 07:20 in Presidential Room #8 - join this 15-minute exercise to get you going in the morning		
08:00-09:00	Plenary 2	Sepsis and septic Shock: which management for whom?				
	Speaker(s)	Prof. Gaëtan Gavazzi (Grenoble University Hospital - France)				
09:00-10:00	Plenary 3	Future of Dementia Diagnosis; The Promises and Challenges of AI				
	Speaker(s)	Dr. Timothy Rittman (Department of Clinical Neurosciences, Cambridge University)				
10:00-10:30	• Coffee break			• Fun Physical Activity for 10 minutes at 10:10 at Presidential Room #8		
Room Name	Al Majlis	Salwa 3	Dukhan	Salwa 1 and 2	Al Rayyan	
10:30-11:30	Title(s)	Care of persons with multimorbidity: a paradigm shift	Frailty in older adults	Evaluation of older adults undergoing complex treatment	Delirium in the Elderly in ICU - Hands on Evaluation -How the Experts do it	None
	Activity	Didactic	Didactic	Workshop	Workshop	
	Speaker(s)	Prof. Graziano Onder (Catholic University of the Sacred Heart, Italy)	Dr. Razan Al Jasem (Mubarak Hospital, Kuwait)	Prof. Francesco Mattace-Raso (Erasmus MC University Medical Center of Rotterdam)	Prof. Wesley Ely (Vanderbilt University)	
11:30-13:00	Lunch & Prayer break					
13:00-14:00	Title(s)	Nutrition and functionality in older adults	Nursing old adult care: Challenges	Muscle matters: A comprehensive workshop on assessment and management of sarcopenia	Delirium in the Elderly in ICU – Role of family and care giver: Does it matter?	Nursing care in acute hospitals part 2
	Activity	Didactic	Didactic	Workshop	Didactic	Didactic
	Speaker(s)	Prof. Jürgen M. Bauer (University of Heidelberg)	Ms. Khaledah Al Maraqi (Kuwait)	Dr. Irfan Muneeb (HMC) Mr. Shakeel Khan (HMC) Mr. Suneer Kannu (HMC)	Prof. Wesley Ely (Vanderbilt University)	Prof. June Andrews (Dementia consultant - UK)

Day 2:

27th October 2023 (Friday)

Room Name		Al Majlis	Salwa 3	Dukhan	Salwa 1 and 2	Al Rayyan
14:00-15:00	Title(s)	Cardiovascular Risk Management in older patients	Benefit of Geriatric Dermatology Subspecialty clinics: Qatar experience	Antibiotic Stewardship in older populations	Brain Health Clinics	Carers and Caring
	Activity	Didactic	Didactic	Workshop	Didactic	Workshop
	Speaker(s)	Prof. Francesco Mattace-Raso (Erasmus MC University Medical Center of Rotterdam)	Prof. Martin Steinhoff (HMC)	Prof. Gaëtan Gavazzi (Grenoble University Hospital)	Dr. Timothy Rittman (Department of Clinical Neurosciences, Cambridge University)	Prof. June Andrews (Dementia consultant - UK)
15:00-15:30	• Coffee break			• Fun Physical Activity at 15:00 in Presidential Room #8 join this 10-minute exercise to keep you energized for the rest of the day		
15:30-16:30	Title(s)	Digital Geriatric Medicine- Current state and perspectives	Palliative care in older adults: Challenges and Opportunities	Editor's workshop: Getting ready for research and publication	Sleep Disorders in the Elderly – Unravelling the Conundrum	Oral Abstract Presentations <ol style="list-style-type: none"> 1. Falls Among Elderly In The Middle East And North Africa Region. 2. Untargeted metabolomic profiling reveals differentially expressed metabolites and pathways in diabetes patients. 3. Trends of Utilization of Frailty Assessment Tools. 4. Post-COVID-19 depression and its impact on adults' health in Qatar.
	Activity	Didactic	Didactic	Workshop	Workshop	Didactic
	Speaker(s)	Prof. Jürgen M. Bauer (University of Heidelberg)	Prof. Graziano Onder (Catholic University of the Sacred Heart, Italy)	Dr. Brijesh Sathian (HMC)	Dr. Tasleem Raza N. Mohd (HMC) Dr. Pravija Talapan Manikoth (HMC) Dr. Arturo V Moraga (HMC)	<ol style="list-style-type: none"> 1. Dr. Karima Chaabna (Qatar) 2. Dr. Abdelilah Arredouani (Qatar) 3. Dr. Sara Mohamed (Qatar) 4. Dr. Nada Adli (Qatar)
16:30-18:00	Poster viewing & networking					

Day 3:

28th October 2023 (Saturday)



**Don't forget to join fun physical activities.
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Time	Description					
07:00-08:00	Registration	• Welcome & Registration		• Stretching exercises to start your day right at 07:15 in Presidential Room #8 - join this 15-minute exercise to get you going in the morning		
08:00-09:00	Plenary 4	Update on publications in geriatric medicine and gerontology				
	Speaker(s)	Prof. Jürgen M. Bauer (University of Heidelberg)				
09:00-10:00	Plenary 5	Nurses, the soul in Dementia Care in hospitals				
	Speaker(s)	Prof. June Andrews (Dementia consultant - UK)				
10:00-10:30	• Coffee break		• Tai-chi at 10:10 in Presidential Room #8 - join this 10-minute exercise to keep you energized through the morning			
Room Name	Al Majlis		Salwa 3	Dukhan	Salwa 1 and 2	Al Rayyan
10:30-11:30	Title(s)	Peri-operative care for older adults	Infections and Infection control in Long-term care facilities: Challenges and the way forward	How to approach polypharmacy? A simple clinical case with many possible answers	Complex Neuro-cognitive Syndromes -Bedside Evaluation	None
	Activity	Didactic	Didactic	Workshop	Workshop	
	Speaker(s)	Prof. Francesco Mattace-Raso (Erasmus MC University Medical Center of Rotterdam)	Dr. Jameela Salman (Governmental Hospitals - Bahrain)	Prof. Graziano Onder (Catholic University of the Sacred Heart, Italy)	Dr. Timothy Rittman (Department of Clinical Neurosciences, Cambridge University)	
11:30-12:30	• Lunch & Prayer break		• Fun Physical Activity at 12:10 at Presidential Room #8 - join this 15-minute exercise to keep you energized through the day			
12:30-13:30	Title(s)	Standards and perspectives of falls management in older adults	• Bringing Care Home: The present and the future • Smart technology and Self-Testing INR telemedicine Service in Home Health Care Services	Stroke Assessment	Rare Dementia -Unravelling the Syndromes -1	None
	Activity	Didactic	Didactic	Workshop	Workshop	
	Speaker(s)	Prof. Jürgen M. Bauer (University of Heidelberg)	Dr. Audrey Fitzgerald (HMC) Dr. Yvonne Dawson (HMC)	Dr. Yahia Zakaria Bashier Imam (HMC)	Dr. Timothy Rittman (Department of Clinical Neurosciences, Cambridge University)	

Day 3:

28th October 2023 (Saturday)

Room Name		Al Majlis	Salwa 3	Dukhan	Salwa 1 and 2	Al Rayyan
13:30-14:30	Title(s)	Comprehensive assessment in nursing home-when, how and why?	Oral Abstract Presentations 1. Towers of Kuwait Arabic Neurocognitive Assessment. 2. Solanezumab Treatment for Alzheimer disease. 3. Association between hyperglycaemia and cognitive dysfunction.	Dysphagia Assessment & management in Geriatric & Dementia patients	Rare Dementia - Unravelling the Syndromes -2	Oral Abstract Presentations 1. Prehabilitation with the Older Adult. 2. Supports for Informal Caregivers of People Living with Dementia. 3. Refining the clinical phenotype of posterior cortical atrophy. 4. Comparing cardiovascular risk factors in older persons with mild cognitive impairment.
	Activity	Didactic	Didactic	Workshop	Workshop	Didactic
	Speaker(s)	Prof. Graziano Onder (Catholic University of the Sacred Heart, Italy)	1. Dr. Ammar Alobaidy (Oman) 2. Dr. Ameer Al Wssawi (Iraq) 3. Dr. Yazan Al-Dali (Qatar)	Ms. Hanadi Sakkijha (HMC) Ms. Freeda Dass (HMC) Mr. Radi Ali (HMC) Mr. Samir Naimi (HMC)	Dr. Timothy Rittman (Department of Clinical Neurosciences, Cambridge University)	1. Dr. Suzan Waller (UAE) 2. Dr. Amani Alyafei (UK) 3. Dr. Samrah Ahmed (UK) 4. Dr. Wael Karameh (Qatar)

Day 3:

28th October 2023 (Saturday)

Time	Description	
14:30-14:45	Coffee/ prayer break	
14:45-15:00	Title(s)	Trailblazing Together: Recent Achievements and Future Horizons of Our Fellowship Program
	Speaker(s)	Dr. Shafi Khan
15:00-15:15	Title(s)	Advancing Aging Research: Exploring New Frontiers in Geriatrics
	Activity	Didactic
	Speaker(s)	Dr. Brijesh Sathian
15:15-15:45	Title(s)	WHO Collaborating Centre for Healthy Ageing and Dementia
	Speaker(s)	Dr. Hanadi Al Hamad
15:45-16:00	Title	Conference Evaluation & Feedback

The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators, and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.



Scan the QR code to access the conference website with more information, including speaker details.

- **Al Majlis**
All Delegates (n=700)
- **Salwa 3**
Small group (n=150)
- **Dukhan**
Workshop (n=50)
- **Salwa 1 and 2**
Dementia Delegate (n=150)
- **Al Rayyan**
Mixed Sessions (n= 50)

Sheraton Convention Hotel Meeting Rooms Floor Plan:

